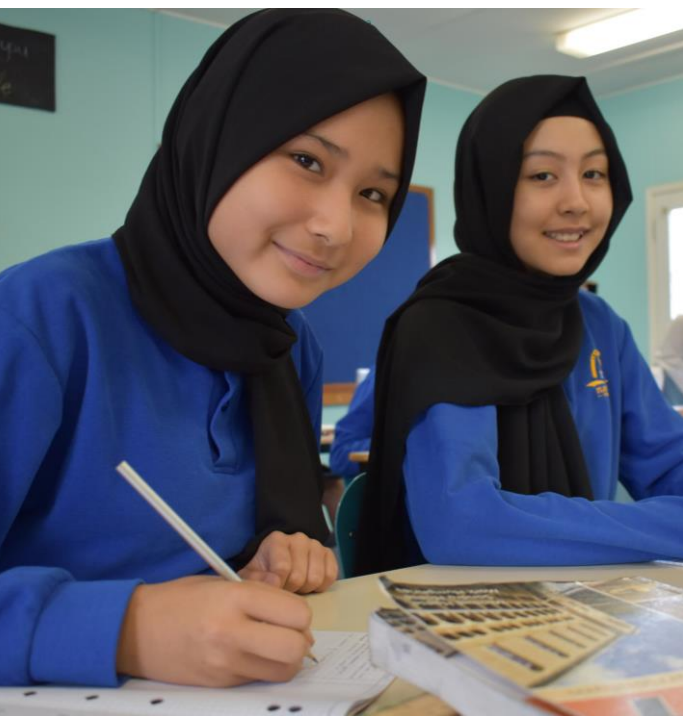




# Playford College Values Program



Salam alaykom Parents and Caregivers,

At Playford College we are constantly striving to develop and deliver programs to cater for the physical, mental and spiritual needs of our students. One of the Programs we have introduced is the *Values program*. Every two or three weeks the whole school will have a Value in which we will focuss on collectively, from Primary to Middle school, from English to Science to Islamic studies.

## Goodness



Wa ahsin  
And do good (28:77)

## Charity



Wa anfiqū fi sabīl Allah  
Spend in the way of Allah (2:195)

We aim to focus on 20 Values which will be based from teachings and principles of the Holy Prophet Muhammad (PBUH) and the Holy Qur'an. In this handout, we have outlined a schedule of the Values we will be focussing on. We have also included some tips for home as to how families can incorporate the Values into everyday life.

The purpose of communicating these Values with parents and caregivers is so that we can collectively work at improving the character of our students.

If you have any questions, please do not hesitate to ask.

With prayers and blessings,

Abraham Al-zubeidi

Illumination Co-ordinator



# Gratitude

وَاشْكُرُوا لِلَّهِ

Wa ushkurū lil-Allah  
Give thanks to Allah 2:172

# Waste

لَا تُسْرِفُوا

Lā tusrifū  
Do not waste (7:31)

# Truth

وَكَونُوا مَعَ الصَّادِقِينَ

Wa kūnū ma'a al-ṣādiqīn  
Stand for the truth (9:119)

## Tips at home:

- Be familiar with the Values and when they are being spoken about at school
- Ask your child to tell what they have discussed at school with regards to the Values
- Find time at home to be able to discuss with your child what the Value would look like at home, at the Mosque etc
- Make sure you practice and lead by example and live by the Value that we are working on so that your child sees a role model of that Value at home
- Use language at home to remind your child about Values they are learning
- Praise the Values at home if you see your child practising the Value e.g. they finish all the food on their plate, they controlled their anger, they did something to respect their parents, they told the truth etc

# Parents

وَبِالْوَالِدَيْنِ إِحْسَانًا

Wa bi al-wālidayn iḥsāna  
Be good to your parents (17:23)

The following table shows which Values will be address at school and when they would be addressed. Please be familiar with this table so that you may deliver the same message at home. In doing so, we will be working together to address the Values for the students and as a result we will be developing the character of the students. This table also outlines points of discussion to prompt dialogue between you and your child.

Term /Weeks	Value	Points of discussion
Term 1 1 - 3	<b>Friendship</b>	<ul style="list-style-type: none"> <li>- Being able to identify good qualities in others and choosing which quality they want to see in themselves.</li> <li>- Choosing friends who will help them build those qualities.</li> </ul>
Term 1 4 - 5	<b>Charity</b>	<ul style="list-style-type: none"> <li>- Charity can come in the form of money, a smile, love, peace, good speech and giving time.</li> </ul>
Term 1 6 - 7	<b>Cleanliness</b>	<ul style="list-style-type: none"> <li>- Knowing cleanliness comes in forms, including physical cleanliness and mental cleanliness. Physical cleanliness refers to showering, looking after yourself physically etc. Mental cleanliness comes from training thoughts to always be positive, not allowing bad thoughts to enter one's mind.</li> </ul>
Term 1 8 - 9	<b>Truth</b>	<ul style="list-style-type: none"> <li>- Always telling the truth, telling the truth with self and others.</li> </ul>
Term 1 10 - 11	<b>Respecting parents</b>	<ul style="list-style-type: none"> <li>- Using low voices while speaking to parents and using manners such as 'please', 'thank you' and 'yes mum' or 'yes dad',</li> <li>- Building a good relationship with parents.</li> </ul>
Term 2 1 - 2	<b>Growth Mindset</b>	<ul style="list-style-type: none"> <li>- Resilience, always seeking to improve.</li> </ul>
Term 2 3 - 4	<b>Forgiving people</b>	<ul style="list-style-type: none"> <li>- Forgive others.</li> <li>- Seek forgiveness from people as well.</li> </ul>
Term 2 5 - 6	<b>Service to others</b>	<ul style="list-style-type: none"> <li>- Always ready to help and serve others.</li> </ul>
Term 2 7 - 8	<b>Gratitude</b>	<ul style="list-style-type: none"> <li>- Being thankful for what one has and accompanying that with action e.g. if you are grateful for food you would not waste it.</li> </ul>
Term 2 9 - 10	<b>Waste</b>	<ul style="list-style-type: none"> <li>- Not wasting anything. e.g. food, time, paper.</li> </ul>
Term 3 1 - 2	<b>Attitude</b>	<ul style="list-style-type: none"> <li>- Being able to attempt to do good things.</li> <li>- Having a positive worldview.</li> <li>- Using words and body language to reflect a good attitude.</li> </ul>
Term 3 3 - 4	<b>Patience</b>	<ul style="list-style-type: none"> <li>- Being patient in negative situations and humble in positive situations.</li> <li>- Showing calmness and gratitude in all situations.</li> </ul>
Term 3 5 - 6	<b>Fairness</b>	<ul style="list-style-type: none"> <li>- Putting everything in its right place.</li> <li>- Looking after everyone, especially the disadvantaged</li> </ul>
Term 3 7 - 8	<b>Anger/Control</b>	<ul style="list-style-type: none"> <li>- Using a system of self-regulation and how to control it so it is used appropriately.</li> </ul>
Term 3 9 - 10	<b>Reflection</b>	<ul style="list-style-type: none"> <li>- Able to review actions at the end of the day and reflect on how to make better decisions and choices.</li> </ul>
Term 4 1 - 2	<b>Sincerity</b>	<ul style="list-style-type: none"> <li>- Making a deliberate intention to do good.</li> <li>- Learning that an action can be good or bad based on the intention behind it.</li> </ul>
Term 4 3 - 4	<b>Peace</b>	<ul style="list-style-type: none"> <li>- Process of learning how to be at ease and learning to be hopeful.</li> </ul>
Term 4 5 - 6	<b>Speech</b>	<ul style="list-style-type: none"> <li>- Learning to use powerful speech in a calm and humble way.</li> <li>- No swearing and no lying.</li> <li>- Always being truthful.</li> </ul>
Term 4 7 - 8	<b>Trust</b>	<ul style="list-style-type: none"> <li>- Being able to recognise and trust others.</li> <li>- Being trustworthy such as not betraying others and keeping promises.</li> </ul>
Term 4 9	<b>Goodness</b>	<ul style="list-style-type: none"> <li>- Spreading goodness to others unconditionally.</li> <li>- Giving unconditionally.</li> </ul>



Website  
[www.playfordcollege.sa.edu.au](http://www.playfordcollege.sa.edu.au)



Contact:  
82523044



Email:  
[enquiries@playfordcollege.sa.edu.au](mailto:enquiries@playfordcollege.sa.edu.au)